

## NEW PRACTICE MEMBER APPLICATION

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Male/Female  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: Cell \_\_\_\_\_ Home \_\_\_\_\_ Cellular Provider \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer's Name \_\_\_\_\_  
 Are you a student? YES NO Have you ever been in the military? YES NO  
 Single / Married / Divorced / Widowed Spouse's Name \_\_\_\_\_  
 Number of Children \_\_\_\_\_ Names, Ages & Gender \_\_\_\_\_  
 Who may we thank for referring you? \_\_\_\_\_

### **LIST THE HEALTH CONCERNS THAT BROUGHT YOU INTO THIS OFFICE**

Health Concern: List according to severity	Rate of Severity 0 = no pain 10 = unbearable	When did this problem start?	Have you had the problem before? If so, when?	Did the problem begin with an injury?	Are symptoms constant (C) or intermittent (I)?
Primary: _____	_____	_____	_____	_____	_____
Second: _____	_____	_____	_____	_____	_____
Third: _____	_____	_____	_____	_____	_____
Fourth: _____	_____	_____	_____	_____	_____

HAVE YOU EVER SEEN OTHER DOCTORS FOR THESE CONDITIONS? YES / NO  
 CHIROPRACTOR? \_\_\_\_\_ MEDICAL DOCTOR? \_\_\_\_\_ OTHER \_\_\_\_\_  
 WHO AND WHEN? \_\_\_\_\_  
 WHAT WERE THE RESULTS? FAVORABLE UNFAVORABLE (please explain) \_\_\_\_\_

### **PLEASE MARK "P" FOR IN THE PAST, OR MARK "C" FOR CURRENTLY HAVE:**

- |  |   |   |   |  |
|--|---|---|---|--|
| <input type="checkbox"/> Headaches       | <input type="checkbox"/> Ear Infections       | <input type="checkbox"/> Sinus Issues     | <input type="checkbox"/> Kidney Problems      | <input type="checkbox"/> Sexual Dysfunction          |
| <input type="checkbox"/> Migraines       | <input type="checkbox"/> Hearing Loss         | <input type="checkbox"/> Frequent Colds   | <input type="checkbox"/> Bladder Problems     | <input type="checkbox"/> Sleep Problems              |
| <input type="checkbox"/> Jaw/TMJ Pain    | <input type="checkbox"/> Ringing in the Ears  | <input type="checkbox"/> Thyroid Issues   | <input type="checkbox"/> Menstrual Problems   | <input type="checkbox"/> Tight/Sore Muscles          |
| <input type="checkbox"/> Neck Pain       | <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Asthma           | <input type="checkbox"/> Prostate Problems    | <input type="checkbox"/> Sports Injury               |
| <input type="checkbox"/> Shoulder Pain   | <input type="checkbox"/> Loss of Energy       | <input type="checkbox"/> Chest Pain       | <input type="checkbox"/> Infertility          | <input type="checkbox"/> Sciatica                    |
| <input type="checkbox"/> Arm Pain        | <input type="checkbox"/> Nervousness          | <input type="checkbox"/> Heart Problems   | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Arthritis/Joint Pain        |
| <input type="checkbox"/> Upper Back Pain | <input type="checkbox"/> Double/Blurry Vision | <input type="checkbox"/> Nausea           | <input type="checkbox"/> Epilepsy/Convulsions | <input type="checkbox"/> GERD/Gastric Reflux         |
| <input type="checkbox"/> Mid Back Pain   | <input type="checkbox"/> Anxiety              | <input type="checkbox"/> Ulcers           | <input type="checkbox"/> Tremors              | <input type="checkbox"/> Numb/Tingling in Arms/Hands |
| <input type="checkbox"/> Lower Back Pain | <input type="checkbox"/> ADD/ADHD             | <input type="checkbox"/> Digestive Issues | <input type="checkbox"/> Disc Problems        | <input type="checkbox"/> Numb/Tingling in Legs/Feet  |
| <input type="checkbox"/> Hip/Leg Pain    | <input type="checkbox"/> Loss of Balance      | <input type="checkbox"/> Diarrhea         | <input type="checkbox"/> Scoliosis            | <input type="checkbox"/> Stomach Problems            |
| <input type="checkbox"/> Knee Pain       | <input type="checkbox"/> Depression           | <input type="checkbox"/> Constipation     | <input type="checkbox"/> Poor Posture         | <input type="checkbox"/> High/Low Blood Pressure     |
| <input type="checkbox"/> Foot Pain       | <input type="checkbox"/> Allergies            | <input type="checkbox"/> Bed Wetting      | <input type="checkbox"/> Skin Problems        | <input type="checkbox"/> Difficulty Breathing        |

Other: \_\_\_\_\_

**PLEASE MARK "P" FOR IN THE PAST, OR MARK "C" FOR CURRENTLY HAVE:**

\_\_\_STROKE \_\_\_CANCER \_\_\_HEART ATTACK \_\_\_SPINAL SURGERY \_\_\_SEIZURES \_\_\_SPINAL BONE FRACTURE \_\_\_SCOLIOSIS  
 \_\_\_DIABETES \_\_\_OSTEOARTHRITIS \_\_\_RHEUMATOID ARTHRITIS \_\_\_OTHER CONDITIONS/DISEASES

LIST ALL SURGICAL OPERATIONS AND YEARS: \_\_\_\_\_

LIST ANY OTHER INJURIES TO YOUR SPINE, MINOR OR MAJOR, THAT THE DOCTOR SHOULD KNOW ABOUT:  
 \_\_\_\_\_

LIST ALL OVER THE COUNTER & PRESCRIPTION MEDICATIONS YOU ARE ON: \_\_\_\_\_

WHEN WAS YOUR LAST AUTO ACCIDENT? \_\_\_\_\_

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE? YES/NO

IF YOU HAVE, DR. & DATE \_\_\_\_\_

HAVE YOU EVER BEEN KNOCKED UNCONSCIOUS? YES/NO      FRACTURED A BONE? YES/NO

IF YES TO EITHER OF THE ABOVE, PLEASE DESCRIBE: \_\_\_\_\_

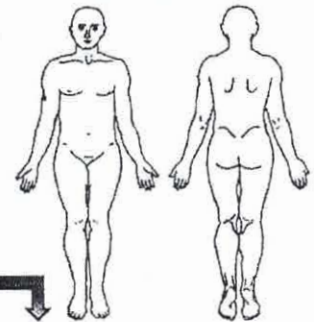
OTHER TRAUMA: \_\_\_\_\_

**SOCIAL HISTORY**

- 1. SMOKING: How often?  Daily  Weekends  Occasionally  Never
- 2. ALCOHOL: How often?  Daily  Weekends  Occasionally  Never
- 3. EXERCISE: How often?  Daily  Weekends  Occasionally  Never
- 3. How does your present problem affect the following: HOBBIES – RECREATIONAL ACTIVITIES – EXERCISE

\*PLEASE MARK the areas on the diagram with the following LETTERS to describe your symptoms:  
 R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/Stabbing T = Tingling

What relieves your symptoms? \_\_\_\_\_  
 What makes them feel worse? \_\_\_\_\_



**List Your Current Health Goals Below**

<u>HEALTH GOAL</u>	<u>DATE TO ACCOMPLISH</u>	<u>SIGNIFICANCE OF GOAL</u>
Ex: <u>Get rid of my headaches</u>	<u>1/1/2016</u>	<u>I want to play with my kids without</u>
<u>pain, be able to spend more time with my family and have more energy.</u>		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

## ACTIVITIES OF DAILY LIVING

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

<u>ACTIVITY:</u>	<u>EFFECT:</u>			
Carrying Groceries	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sit to Stand	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Climbing Stairs	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Pet Care	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Driving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Extended Computer Use	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Household Chores	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Lifting Children	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Dressing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Shaving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sexual Activities	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sleep	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Static Sitting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Static Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Walking	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Washing/Bathing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Sweeping/Vacuuming	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Dishes	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Laundry	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Yard work	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Garbage	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Concentration (Reading)	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Other: _____	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform
Other: _____	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (limits)	<input type="checkbox"/> Unable to Perform

Signature: \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_